

**Strategic Plan  
2016 – 2021**

**Goal 1: Enhance wellness and balance for staff and students**

**Objective 4: Social/Emotional Learning and Mental Health** - Enhance wellness, balance, and learning for students through a focus on social emotional learning and strategies to improve mental health

Major Tasks	Staff	Resources	Timeline	Indicators of Success	Notes on Progress
Review and revise the Health and PE Program with an emphasis on social-emotional learning, practices that increase well-being, and the de-stigmatization of supports for mental health			2016-2017		
Develop and implement a K-12 social-emotional learning curriculum, which includes components of Positive Psychology and integrates with other curricular areas. Provide professional development for all staff in how to integrate and implement.			2017 – 18 Elem 2018 – 19 MS 2019 – 20 HS		
Provide staff, students, and parents with ongoing education in the philosophy and practices of Positive Psychology as outlined by Martin Seligman at the University of Pennsylvania					
As part of the implementation of Positive Psychology and a social emotional learning curriculum at PHS and JW, measure students’ levels of stress and sense of well-being to establish a baseline and to assess progress.		Stanford Univ. Challenge Success	2016 - 2017		

Train all elementary teachers in Responsive Classroom and provide time for RC in school day schedules.					
Develop a philosophy and approach to service learning, K-12, with an emphasis on helping students internalize the value of “doing good” and providing them with sustained and meaningful opportunities to do so.	Service Learning Committee		2016-2017  Implementation: 2017-2019		
Provide resources beyond the school day for students in crisis, including mental health supports as well as alternative instructional time for students psychologically unable to attend school			2018-2019		
Consider creating a “Stress-Free” Day at the high school during which students can attend workshops that increase their knowledge and practice of mental health					
Develop and implement a workshop curriculum for parents of students at key transitional levels, e.g. kindergarten, grade 6, grade 9, grade 12.			2017-2019		